



2019 State Track and Field Schedule

Cedar Falls Men's and Women's Events



Thursday May 16th @ 2 P.M. - **GREY** TEAM SHIRT

Boys High Jump - Bryce Albaugh (#21)
Girls Discus - Myah Brinker (Flight 2, #4)

Thursday, May 16th @ 3:00 P.M.

Boys Shuttle Hurdle Relay Prelims (Heat 5, Lane 7)
Finals held Saturday, 18th @ 12:15 P.M.

Thursday, May 16th @ 3:55 P.M.

Girls 3000 Meter Run - Paige Wageman (#14)

Thursday, May 16th @ 4:05 P.M. - Boys 3200 Meter Run

Eli Smith (#16)
Michael Goodenbour (#19)

Thursday, May 16th @ 4:30 P.M. - Girls High Jump

Auriona Kimbrough (#4)
Sabrina Leistikow (#18)

Thursday, May 16th @ 4:30 P.M. - Girls 200M Prelims

Lindsey Sires (Heat 1, Lane 2)
Anisia Smith (Heat 2, Lane 8)

Finals held Saturday, 18th @ 1:55 P.M.

Thursday, May 16th @ 4:50 P.M. - Boys 200M Prelims

Kyle Trunnell (Heat 1, Lane 6)
Michael Kremer (Heat 1, Lane 7)

Finals held Saturday, 18th @ 2:05 P.M.

Thursday, May 16th @ 5:25 P.M.

Girls 4X800 Meter Relay (Section 1, Lane 5)

Thursday, May 16th @ 6:10 P.M.

Boys 4X800 Meter Relay (Section 2, Lane 5)

Thursday, May 16th @ 6:37 P.M. - Girls 100M Dash Prelims

Anisia Smith (Heat 1, Lane 1)

Finals held Saturday, 18th @ 12:45 P.M.

Thursday, May 16th @ 6:52 P.M. - Boys 100M Dash Prelims

Kyle Trunnell (Heat 3, Lane 2)

Finals held Saturday, 18th @ 12:55 P.M.

Thursday, May 16th @ 7:10 P.M. - Girls 400 Meter Dash

Mackenzie Michael (Section 3, Lane 4)
Auriona Kimbrough (Section 3, Lane 3)

Thursday, May 16th @ 8:00 P.M.

Girls Shuttle Hurdle Relay Prelims (Heat 2, Lane 5)

Finals held Saturday, 18th @ 11:50 A.M.

Friday, May 17th - **BLACK** TEAM SHIRT

Friday, May 17th @ 2:30 P.M. - Wheelchair 800M Halie Frahm

Friday, May 17th @ 3:00 P.M.

Girls Distance Medley (Section 3, Lane 1)

Friday, May 17th @ 3:30 P.M.

Boys 110 Meter Hurdles Prelims - Kyle Trunnell (Heat 3, Lane 3)

Finals held Saturday, 18th @ 1:15 P.M.

Friday, May 17th @ 3:50 P.M.

Girls 100M Hurdle Prelims - Maddy McFarland (Heat 1, Lane 8)

Finals held Saturday, 18th @ 1:05 P.M.

Friday, May 17th @ 4:15 P.M.

Boys 4X200 Meter Relay (Section 3, Lane 8)

Friday, May 17th @ 4:30 P.M.

Boys Shot Put - Jackson Leistikow (Flight 2, #5)

Girls Long Jump - Emerson Green (Flight 2, #5)

Girls Long Jump - Sarah Albaugh (Flight 2, #11)

Friday, May 17th @ 4:45 P.M.

Girls 4X200 Meter Relay (Section 2, Lane 5)

Friday, May 17th @ 5:30 P.M.

Girls 400 Meter Hurdles - Anaya Barney (Section 2, Lane 7)

Friday, May 17th @ 5:10 P.M.

Boys 400 Meter Hurdles - Joel Burris (Section 1, Lane 7)

Friday, May 17th @ 6:00 P.M.

Boys Distance Medley (Section 3, Lane 6)

Friday, May 17th @ 6:30 P.M.

Girls 4X100 Meter Relay Prelims (Heat 2, Lane 3)

Finals held Saturday, 18th @ 3:25 P.M.

Friday, May 17th @ 6:50 P.M.

Boys 4X100 Meter Relay Prelims (Heat 3, Lane 6)

Finals held Saturday, 18th @ 3:40 P.M.

Friday, May 17th @ 7:20 P.M.

Girls 4X400 Meter Relay Prelims (Heat 3, Lane 4)

Finals held Saturday, 18th @ 3:55 P.M.

Friday, May 17th @ 8:00 P.M.

Boys 4X400 Meter Relay (Heat 2, Lane 4)

Finals held Saturday, 18th @ 4:20 P.M.

Saturday, May 18th - **WHITE** TEAM SHIRT

9:36 A.M. - Girls 800 Sprint Medley (Section 3, Lane 5)

10:00 A.M. - Wheelchair Shot Put - Koda Beland

10:20 A.M. - Boys 800 Sprint Med (Section 2, Lane 5)

11:00 A.M. - Girls 800M Mackenzie Michael (Section 2, Lane 4)

11:40 A.M. - Boys 800M - Quinlan O'Hair (Section 2, Lane 9)

12:40 P.M. - Wheelchair 100M - Halie Frahm

12:42 P.M. - Wheelchair 100M - Koda Beland

1:45 P.M. - Wheelchair 200M - Halie Frahm

1:50 P.M. - Wheelchair 200M - Koda Beland

3:15 P.M. - Wheelchair 400M - Halie Frahm

3:20 P.M. - Wheelchair 400M - Koda Beland

Live Stream (All Events): <http://ihssnlivestream.com/>